The Vision Train Worksheet

Picture your life as a train. The engine is who you are becoming. Each car behind it carries part of the load. Hook them together in order and the whole train moves. Write what is true, not what sounds good.

Name: _____ Date: _____

Engine. Vision: who I am becoming

In one or two sentences, who are you becoming at work, at home and in character?

Car 1. Goals

Up to three goals with numbers and dates you can check, each hooked to who you are becoming.

Car 2. Activity

The few weekly activities that move your top goal. How will you track them?

Car 3. Schedule

When exactly will each activity happen? Put your biggest priorities and family time on the calendar first.

Car 4. Mindset

The belief that keeps you stuck, and the truth you will answer it with.

Want help hooking your train together? Book a free 15-minute clarity call.